

A VILLAGE OF HOPE
IN BANDERA

TEXAS RAISES
THE AMERICAN FLAG

A NEIGHBORHOOD'S
SEED SAVER

Texas Coop Power

FOR ELECTRIC COOPERATIVE MEMBERS

APRIL 2024

Vanishing Act

Conservationists
work to save
native plants in decline





MESSAGE FROM
GENERAL MANAGER
MARK STUBBS

The Power Behind Your Power.

You've likely noticed Farmers Electric Cooperative's crews out and about, working on power lines and other electrical equipment in our community.

It's no secret that line work is tough— but it's essential, even when conditions are challenging. This month, as we celebrate Lineworker Appreciation Day on April 8, I want to share some interesting facts about electric lineworkers with you.

The work can be heavy, in more ways than one. Did you know the equipment and tools that a lineworker carries while climbing a utility pole can weigh up to 50 pounds? That's as heavy as 6 gallons of water. And speaking of utility poles, lineworkers can climb poles up to 120 feet tall.

Lineworkers must be committed to their career— because it's not just a job, it's a lifestyle. The long hours and ever-present risks can truly take a toll. The U.S. Bureau of Labor Statistics lists line work among the 10 most dangerous civilian jobs in the U.S.

Lineworkers often work nontraditional hours outdoors in difficult conditions. The job requires years of training and hands-on learning. That's because working with high-voltage equipment requires specialized technical skills, experience and an ongoing mental toughness. Shortcuts aren't an option, and there is precious little room for error in this line of work.

During severe weather events that bring major power outages, lineworkers are among the first ones called. They must be ready to

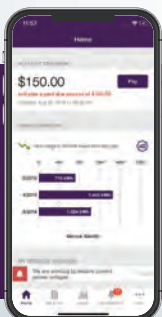


leave the comfort of their homes and families unexpectedly, and they don't return until the job is done, often days later. That's why a lineworker's family must also be dedicated to service.

Nationwide, there are more than 120,000 electric lineworkers. Farmers EC has over 60 lineworkers who are responsible for keeping power flowing 24/7, 365 days a year. To do this, they maintain 6,173 miles of power lines across 12 counties.

Being a lineworker may not seem like a glamorous job, but it's essential to the life and well-being of our community. Without the exceptional dedication and commitment of these hardworking men and women, we simply would not have the reliable electricity that we need for everyday life.

So, the next time you see a lineworker, please thank them for the work they do to keep power flowing, regardless of the time of day or weather conditions. After all, lineworkers are the power behind your power. Please join us as we recognize them April 8.



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YOU'RE IN POWER.

Energy-Saving Claims: Do They Work?

With so much guidance out there about how to save electricity, it's sometimes hard to determine what's useful and what isn't. But the answer isn't always a clear-cut yes or no.

Q: Is the dishwasher just as efficient as washing dishes by hand?

A: Yes.

In fact, it's usually more efficient. Properly used dishwashers use less water while doing a better job, and as a bonus, they can save you more than 200 hours a year. For maximum energy savings, make sure your water heater is set to about 120 degrees and use the most efficient dishwasher settings.

Q: Does it save energy to close the vents in rooms that aren't being used?

A: No.

Closing air registers forces your furnace or air conditioner to work harder. Keep all your vents and doors open. If your system supplies too much heat or cold to some rooms and too little to other rooms, you should talk to a heating and air conditioning professional about modifying your ductwork.

Q: Will keeping a fan on cool an unoccupied room?

A: Nope.

Fans move air around; they don't cool the air. Having a fan on makes people inside a room feel cooler as air moves across their skin, but the air is not actually changing temperature. Leaving a fan on when you leave your home is simply wasting energy while the room temperature is not cooling off at all.



Q: Does setting the thermostat temperature way lower cool a home faster?

A: No.

No matter what temperature you set your thermostat, your air conditioning system will work equally hard and fast to meet that goal. The only difference achieved by setting the temperature lower is that the system will work for a longer period of time, using more energy.

Q: Do appliances use energy when they're turned off?

A: Absolutely.

Thanks to standby power settings, most appliances constantly use energy to be ready for immediate usage. These "energy vampires" cannot be turned completely off without unplugging the device altogether. The same is true for most phones, batteries, and other chargers. Leaving them plugged in wastes energy.



Get exclusive discounts on a whole home generator.

Farmers EC has partnered with Generator Supercenter to offer savings for all co-op members.

GeneratorSuperCenter.com/Farmers



Spring Cleaning for Energy Savings

Many of your once-a-year spring cleaning chores can save energy all year round. Kick off your spring cleaning with some of these tips.

- 1 Clean windows inside and out.**
The cleaner the panes are, the more sunlight can shine through them, making it less necessary to turn on lights and run space heaters in the spring.
- 2 Replace the air filters in your HVAC system.**
If they're full of dust, dirt, and pet hair, then air will have a hard time passing through them. Poor airflow makes your AC system work harder to do its job.
- 3 Clear fallen branches.**
Leaves and other debris that might have fallen on the outdoor unit of your air conditioning system over the winter. For the unit to work properly, air needs to circulate around it.
- 4 Dust ceiling fan blades.**
When the fan starts running, it can knock accumulated dust into your room, which is bad for air quality and can wind up in AC vents.
- 5 Readjust your water heater's temperature.**
Set your water heater's temperature to 120 degrees if you cranked it up a few degrees for the winter.
- 6 Snake your dryer vent.**
Or hire a pro to do it for you. And be sure to clean the cover of the dryer vent outside.



2024 SCHOLARSHIPS

We are currently accepting applications for the 2024 academic year.

Each year, Farmers EC awards thirty \$500 scholarships to outstanding high school seniors. The scholarships can be applied toward tuition, housing, meal plans, and/or books at a college, university, or technical school of the student's choice.

TO APPLY, VISIT: PoweringYouth.com DEADLINE: April 12, 2024

ODDS & ENDS

Save the Date

Monday, April 1 April Fools' Day

Monday, April 8 Lineman Appreciation Day

Monday, April 15 Tax Day

Power Tip

Use wool or rubber dryer balls in the clothes dryer to reduce drying time and static. Wool dryer balls can also absorb extra moisture.

Safety Tip

Help us keep our lineworkers safe.

Electric cooperative workers find all kinds of no-nos on utility poles, such as yard sale signs, basketball hoops, deer stands, satellite dishes, lights and birdhouses.

These obstructions are dangerous for employees. Unwelcome clutter on utility poles can compromise line - workers' safety equipment, leaving them vulnerable to electrocution.

Anyone posting items on utility poles also is at risk of exposure to thousands of volts of electricity pulsing overhead. Always stay at least 10 feet away from utility lines.

Think before you post that sign!

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April 2024



06

Thorny Task 12 Holding Promise

Scientists, landowners and plant lovers work to preserve hundreds of threatened Texas natives.

By Sheryl Smith-Rodgers

Bandera’s Helping Hand puts relief within reach for neighbors in need.

Story and photos by Laura Jenkins

ON THE COVER
The flower of the rare night-blooming cereus can be seen just one night a year.
Photo by Dave Shafer

ABOVE
The Hinckley oak is an evergreen shrub in the Chihuahuan Desert.
Photo by Keeper Trout | Lady Bird Johnson Wildflower Center

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Wiring the American Dream

ON LINEWORKER Appreciation Day, April 8, we celebrate the 20 Texas electric cooperative lineworkers who brought electricity to Matasanos, a rural village in Guatemala. They spent two weeks there in November as part of NRECA International, a program that for more than 60 years has delivered electricity to remote places that had none—exactly what co-ops did in rural Texas 85 years ago.

Ten South Texas co-ops sent two crew members each, plus support staff. When they finished, 60 homes had each been wired with four lights, two switches and two outlets. Villagers helped the lineworkers move equipment up the mountain.

“I believe we take the American dream on the road and transplant it to other countries,” says Jim Coleman, general manager at Jackson Electric Cooperative in Edna, who has participated in several international projects. He was joined in Guatemala by GMs from four other Texas co-ops.



No Fooling

Some historians say April Fools' Day customs have been around since the 16th century, when France's King Charles IX decreed the new year would begin January 1—not on Easter. Those who clung to the old ways were called April fools.

FINISH THIS SENTENCE

Wow! The eclipse was ...

TCP Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our February prompt: **Campfires** remind me of ...

Telling scary stories as kids.

CATHY ONDREJ
HILCO EC
AQUILLA

Me and my dad camping. We would stare at the fire for hours and say, “This is much better than watching TV.”

MIKE EARLY
VIA FACEBOOK

The time I set our tent on fire!

HOOMALIMALI PAULO
VIA FACEBOOK

The possibility of a nostalgic gathering and the surety of an asthma attack.

SHELLY REID
SOUTH PLAINS EC
BECTON

Fresh air, boiled cowboy coffee, staring at the embers.

DURENA KRILEY
VIA FACEBOOK

Visit our website to see more responses.

TCP Contests and More

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FOCUS ON TEXAS PHOTOS
Textures

RECOMMENDED READING
Ten years ago we looked at the problems caused by the growing population of feral hogs in Texas. See *Here a Pig, There a Pig* from April 2014 on our website.



Making History

For more than 50 years, artists have been doing this quiet, tucked-away studio work.

BY PATTY PREPPER • PHOTO BY R.J. HINKLE



With a population of more than 100,000, what does this mean? "I don't know," she says. "I know that there are a lot of people who live here, but I don't know how many of them are artists."

It's a small town, but it's a big place. The town is a mix of old and new, and it's a place where artists can find a home.

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The Favorite
“I pay for some magazines, but my very favorite one is yours. Great publication.”

NONA GARDNER
DEEP EAST TEXAS EC
GARRISON

R.J. HINKLE PHOTOS

Pieces of Art

We became a fan of Puzzles of Color after meeting them at the Texas State Fair and absolutely loved the artwork of the woman playing bass [Puzzling Times, February 2024]. I made a custom frame for it, and it hangs in our guest bedroom.

Peter Hill
Pedernales EC
Austin

The Reality of Gators

We don't always have a resident gator at Magnolia Beach, but most times there's one or two [Later, Gators?, February 2024].

My son and I were fishing when two teens were swimming nearby. I casually asked if they were watching for gators. “What gators?” came back sarcastically.

“The one with his nostrils and eyes sticking up under the walking bridge behind you,” I replied.

I swear they walked on water getting to the bank.

Jim Evans
Victoria EC
Port Lavaca

The Real Bowie

Yes, Jim Bowie's knife was quite a sensation, and I'm glad you cast some doubt as to his actions at the Alamo, but it might be worth mentioning a bit more of his biography [A Cut Above, February 2024].

He was a slave owner, slave trader, smuggler and an associate of pirates. He also was a land speculator with a suspicious reputation.

Georgia Xydes
Pedernales EC
Austin

Shamrock Memories

Glenn McCarthy's two daughters were at Lamar High School when I was [The Green Carpet, January 2024]. The Cork Club was opened on Sunday afternoons for teens to come, dance to a small orchestra and have nonalcoholic drinks.

In 1952, my date and I went with another couple. The featured singer for the week came to entertain us—Tony Bennett.

Hearing *I Left My Heart in San Francisco* always reminds me of that very special afternoon.

Betty Akin Morris
Pedernales EC
Canyon Lake

WRITE TO US
letters@TexasCoopPower.com

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Austin, TX 78701

Please include your electric co-op and town. Letters may be edited for clarity and length.

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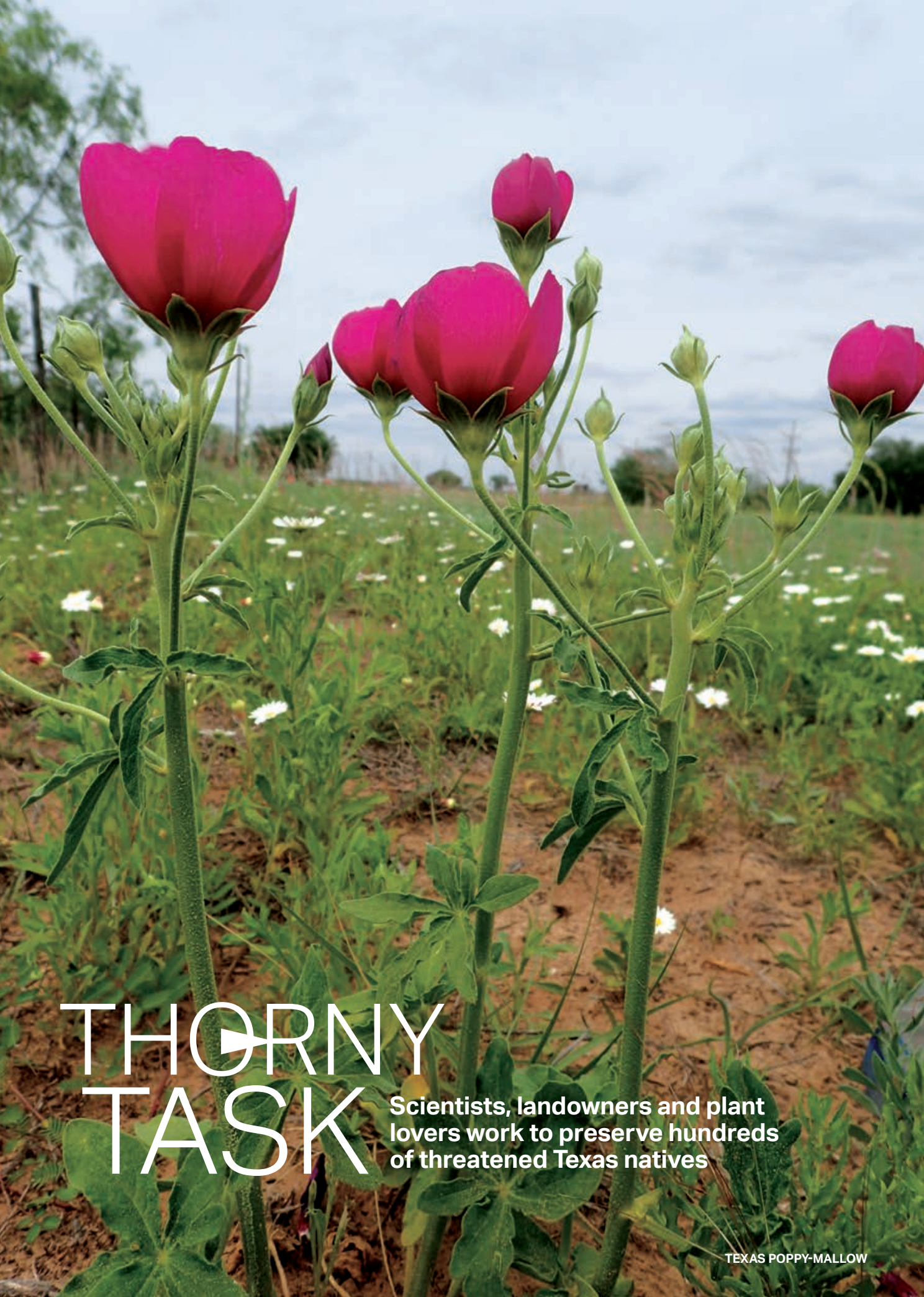
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DAVID MOORE



THORNY TASK

Scientists, landowners and plant
lovers work to preserve hundreds
of threatened Texas natives

TEXAS POPPY-MALLOW

Randy Deming often walks his 10 acres of rural land in Callahan County, near Abilene, always on the lookout for a flower, insect or bird he hasn't spotted before.

Using an app called iNaturalist, he documents the native grasses, yuccas, Ashe junipers, live oaks and other plants that grow there. Thanks to the app, Deming learned in 2021 that one of his flowering species could be one of only a few remaining populations in Texas.

"I took pictures of a pretty flower and forgot about it," recalls Deming, a member of the Texas Master Naturalist Program and Taylor Electric Cooperative. "A few months later, I was skeptical when someone contacted me through iNaturalist and asked to see my large-flower beardtongues.

"When they told me how rare they are, I was excited," Deming says. "I could have mowed them down! Now I'm watching over them."

In the future, large-flower beardtongues—a tall, erect perennial with tubular purple blooms—could be legally protected if researchers collect enough ecological data to substantiate the designation. In the meantime, 437 other Texas plants have already been designated by the state as "species of greatest conservation need," meaning they're in decline and need attention. Some of those species require even more urgent measures. These are further labeled as threatened or endangered.

The two legal terms stem from the Endangered Species Act, a federal law enacted in 1973 to protect and help recover the nation's imperiled plant and animal species and their habitats. The U.S. Fish and Wildlife Service oversees the federal list and partners with the Texas Parks and Wildlife Department, which manages the Texas list. A species can be federally and state protected, such as shrubby Texas snowbells in the Hill Country, or just one or the other.

However, the process for federally listing a species can stretch out for years. Consider the bracted twistflower, a tall annual with lavender flowers that has been increasingly lost to urban sprawl and hungry herbivores. Found only within the Edwards Plateau, the wildflower has been marked as imperiled since 1975 and was petitioned for



TURNER'S CLIFF THISTLE

federal listing in 2014. In May 2023—nine years later—the USFWS finally listed the bracted twistflower as threatened. In Coryell County, the imperiled Texabama croton faces similar challenges.

Plants of all kinds in Texas face many pressures. Every year, development scrapes away one natural area after another. Invasive plants, agriculture, poaching, mining, weather, loss of pollinators, and land and water management also negatively impact the state's flora.

But does it really matter if a few of Texas' estimated 5,000-plus native plant species go away? The answer is yes.

"We have biodiversity for a reason," says Anna Strong, a rare species botanist with TPWD. "Each organism interacts with others in specific ways. Regardless of whether it's rare or common, if we take out one organism, we don't know the implications amongst all the organisms. If we take out one flower, we may take a food source away from a specific insect that relies on that species."

At the San Antonio Botanical Garden, botanist Michael Eason works to conserve and propagate rare Texas plants. "We have more than 90 species in our collections," Eason says. "Some are displayed in our gardens, which helps to educate the public. Others are seed collections, which haven't been propagated yet."

One of those species, prostrate milkweed, a low-growing perennial, is endemic only to Starr and Zapata counties and northeastern Mexico. Since at least 1980, invasive



Glossary

An endangered species is defined under the Endangered Species Act as “any species which is in danger of extinction throughout all or a significant portion of its range.”

A threatened species is defined under the ESA as “any species which is likely to become an endangered species within the foreseeable future throughout all or a significant portion of its range.”

Imperiled is not a legal term. Biologically, it refers to unprotected species that are in decline and may be in danger of extinction.

Rare plants have very limited ranges or exist in low numbers.

buffelgrass, road construction and development have drastically reduced its numbers. After several petitions to the USFWS, prostrate milkweed—an important monarch butterfly host plant—was federally listed as endangered in March 2023. The agency also designated 661 acres as critical habitat needed by the species to survive.

For his part, Eason spent five years tracking down the scarce milkweeds and collecting seeds, then having a milkweed specialist grow the plants to maturity. “We ended up with 150 plants,” he says. “We passed some to other botanical gardens. We’ll install some in our rare plant gardens. The remainder will be kept for perhaps reintroductions in South Texas and donations to other institutions with the Center for Plant Conservation.”

Headquartered in Escondido, California, the CPC is a



TEXAS SNOWBELL: CHASE FOUNTAIN | TPWD. TEXABAMA CROTON: RAY MATTHEWS | LADY BIRD JOHNSON WILDFLOWER CENTER

Grassroots Efforts

The Texas Department of Transportation monitors for rare plants prior to road construction and along state highways and rights of way. Edd Paradise, a TxDOT environmental planner in Pharr and a Magic Valley Electric Cooperative member, worked with USFWS to relocate endangered Zapata bladder-pods in Starr County.

Aaron Lincoln—a biodiversity manager with Lhoist, a global corporation—oversees a pilot project to restore grasslands and a pocket prairie at a 3,000-acre chemical lime plant and quarry in Bosque County. So far, he’s documented glandular blazing stars, Hall’s prairie clover, lemonscent and other declining species. Lincoln also hopes to set aside 122 acres as a refuge for white troutlilies and morel mushrooms.

The Friends of the Warren Ferris Cemetery in Dallas rallied to transform the historic cemetery’s neglected grounds into native habitat. Today, the Constellation of Living Memorials pilot project includes eight old cemeteries and will serve as an example for revitalizing the state’s 5,000-plus historic cemeteries. One project goal is to encourage the recovery of threatened and endangered plant species.



nationwide network of organizations working together to save imperiled native plants. The San Antonio Botanical Garden partners with the CPC, as do the Botanical Research Institute of Texas at the Fort Worth Botanic Garden, Mercer Botanic Gardens in Humble and the Lady Bird Johnson Wildflower Center in Austin.

As part of its conservation efforts, the wildflower center stores seeds of 575 Texas plant species for research and sharing with botanical gardens and conservation organizations. The seed bank, housed mostly in freezers, also serves as an insurance policy against the loss of imperiled species.

“We visit wild populations that we have permission to access, either on public land or through contacting land-owners,” explains Jonathan Flickinger, conservation collections manager at the wildflower center. “We harvest seeds



BRACTED TWISTFLOWER



from plants, but we don't take too many because our priority is to conserve the plants in their natural habitat."

In some cases, researchers may rescue plants by digging them up. That happened with the Texas poppy-mallow, listed as federally endangered in 1981. The tall perennial with reddish purple flowers grows in deep sandy soils along the Colorado River in four counties.

In 2010, some conservation-minded landowners asked that a population of poppy-mallows be removed from a future construction site on their property. That summer, wildflower center staff and other colleagues extracted 54 plants and fostered them in pots for three years.

"We harvested more than 3,000 seeds from them for our seed bank," Flickinger says. "Then we identified another site where they were reintroduced."

Landowners play a huge role in plant conservation, namely because about 95% of Texas' land is privately owned. When threatened or endangered plants grow on private land, landowners are not legally required to manage them under the Endangered Species Act (the law differs for listed birds and animals).

Botanists and other officials must always ask permission before accessing private land. Typically, they want to survey plant species, perhaps harvest a small amount of seeds and collect plant material for herbarium vouchers.

The Fish and Wildlife Service offers a program that provides property owners with free technical and financial assistance for improving wildlife habitat on their land. "We're always looking for opportunities to work with landowners," says Chris Best, USFWS botanist. "Most of the ones I've met want to protect their land's natural resources."

That aptly describes attorney Liz Rogers, a Medina Electric Cooperative member. For more than two decades, she's welcomed researchers onto her family's 8,000-acre cattle ranch in southeastern Brewster County, along the Mexico border. "They always show me cool things, which has made me appreciate our ranch even more," she says.

Eason has been among many plant conservationists who have botanized the ranch's Trans-Pecos deserts, canyons and mountainsides. "Liz has an assortment of rare plants found along cliff faces and other protected areas," he says. "We've collected plants such as Turner's cliff thistle, rock-daisy and Barton's dalea. She also has a small population of night-blooming cereus."

Whether rare or not, showy or inconspicuous, every native plant matters. "We shouldn't focus conservation merely on species that have declined so far that they're teetering on the brink of extinction," Best says. "We should be working to keep common plants common." ■

Noah's Arks for Seeds

Just as the Lady Bird Johnson Wildflower Center in Austin stores seeds of 575 Texas plant species for research, national and global seed vaults do the same—preserving plant types in case they are wiped out by natural or human-made disasters.

The National Laboratory for Genetic Resources Preservation on the campus of Colorado State University is run by the U.S. Department of Agriculture. It houses more than 850,000 plant seeds and materials, as well as DNA samples from about 160 breeds of livestock.

The Svalbard Global Seed Vault, located about halfway between the North Pole and the coast of Norway, is more than 300 feet inside a mountain, where the permafrost maintains a stable temperature between 26 and 39 degrees. Three large concrete chambers have the capacity to hold 3.5 million seed samples.



HOLDING PROMISE

BANDERA'S **HELPING HAND** PUTS RELIEF WITHIN REACH FOR NEIGHBORS IN NEED



FROM THE ROAD, it doesn't stand out from any other small office complex you might find in the Hill Country. But once you pass through the towering iron gate, get out of your car and start walking, the landscape becomes much more inviting: winding paths that lead to a peaceful courtyard and a sprawling pergola nestled against a scenic lily pond.

This is what hope looks like. More specifically, the Village of Hope—the cluster of buildings owned by Bandera County Helping Hand, a haven for residents facing a personal crisis. Are you sick? There's a free medical clinic. Is your cupboard bare? Head over to the food pantry. Do you need shoes, clothes or basic household items? The thrift store has what you need.

Since 1984, Bandera Helping Hand has been a steadfast safety net for folks who have hit hard times.

"We're here to help people get on their feet," says Jesse Parks, executive director of Helping Hand. "You never know what tomorrow will bring. Everything's great until all of a sudden there's a car wreck and somebody's gone or there's a flood or a fire and you've lost everything. It's devastating."

Parks speaks from experience. In the late 1990s, she and her husband uprooted their lives in Corpus Christi and moved to Medina, just west of Bandera, where they signed a long-term lease on a piece of land and started working on their dream: building a facility for teens experiencing crisis. Two years later, without warning, the landowner sold it out from under them, including the structures and improvements they'd funded with their own money.

They lost everything. To make ends meet, Parks got a job at the Apple Store in Medina (which actually sells fruit). One day a friend came in and told her that she'd recommended Parks for the director position at Helping Hand. Even though she'd never worked at a nonprofit, Parks accepted the position and has led the organization since 2000.

Helping Hand began 16 years earlier, in 1984, when local churches came together to assist neighbors in need. The aim was to pool resources and provide a central place where people could go for help. In the early days, Helping Hand operated a thrift store and a food pantry and provided school supplies for children. It also helped struggling residents pay their utility bills.

But when the Medina River swept through the town during the devastating South Texas floods of 2002, it demolished Helping Hand's facilities. Quite suddenly they were among those in crisis.

"Our building was completely destroyed," Parks remembers, "so we set up shop in a warehouse and started gathering donations from other food banks. The Salvation Army came in and helped us provide aid for flood victims as well."

Seeing how generously and efficiently Helping Hand had been serving the community, Bandera's city council offered them space so they could continue helping residents while they figured out how to start over themselves. And that's when offers of help started pouring in.

"A retired grant writer by the name of Dan Wise got in touch and offered to help us raise funds to rebuild," says Parks, a member of Bandera Electric Cooperative. "I looked forever for land that was not in a flood plain and finally found this 3.77 acres. We bought it with money we borrowed from Bandera Bank but were able to pay it back within a year using the grants that Mr. Wise helped us get from various foundations."

By early 2004, Helping Hand's crisis intervention center was complete. At the building's dedication, then-board President Comellia Rue announced that the next structure they would build was a free medical clinic to serve the county's uninsured residents. But no one had any idea where the money would come from.

Enter Kerrville businessman Arthur Nagel, who approached the pastor of a local church and told him God had given him a vision to start a medical clinic in Bandera. The pastor introduced Parks to Nagel, who donated \$150,000 to construct the shell of the clinic building on the Village of Hope grounds. Within a year, Helping Hand had raised enough money to complete the clinic and operate it for a year. The clinic formed its own nonprofit and opened its door to patients in 2008.

Today the Arthur Nagel Community Clinic is open three days a week. In addition to primary care, the clinic offers mental health services and teen and elder care programs. Healthy cooking and cardio fitness classes are also available. The clinic provided an estimated \$1.9 million in health services to 443 Bandera County residents in 2023, says clinic director Chuck Lutke.

The food pantry stays stocked thanks to food and cash donations from individuals and contributions from other food banks. As a result, Helping Hand can feed an average of 130 families a month.

At the thrift store, which thrives on steady donations of gently used clothing and household items, residents purchase what they need at affordable prices. Sales cover nearly three-fourths of Helping Hand's annual operating budget.

"Helping Hand is about community," Parks says. "We all work as a team. I see us as a community of 'hands' that resources pass through. Each one of us has been through hard times and knows what a little compassion and love can mean in a crisis situation.

"Helping people get back on their feet and feeling good about themselves as they overcome whatever they're going through is a privilege.

"It's not a handout, it's a hand up." ■

OPPOSITE, CLOCKWISE FROM TOP The Village of Hope welcomes folks who have hit hard times. Angelica Hernandez greets patients at the medical clinic, which is open three days a week. The food pantry can feed 130 families a month.

TCP See this story on our website to donate to the Village of Hope.

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Peace Silver Dollar: With a beautiful design memorializing peace following the end of World War I, the 90% silver Peace Dollar was intended as a one-year only release struck in 1921—but it proved so popular with the American people, it was struck until 1928, then again in 1934-35. Extremely Fine (XF) condition coin included in set.

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Silver Eagle Type 2: In honor of the popular 99.9% silver coin's 35th anniversary in 2021, the Silver Eagle received a new, esteemed Type 2 "Eagle Landing" reverse design. This is the current issued coin by the U.S. Mint. Brilliant Uncirculated (BU) condition coin included in set.

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Is Your Ductwork Delivering?

HOMES WITH FORCED AIR heating and cooling systems, like furnaces, central air conditioners and heat pumps, use air ducts to deliver the conditioned (heated or cooled) air throughout the home. Ducts are often concealed in walls or in areas of your home you don't go to often, like a crawl space or attic, so many people may not immediately think of them as an area to save energy.

You may have received flyers in the mail with offers for air duct cleaning and claims that doing so will improve the air quality and efficiency of your home. However, duct cleaning may not always be necessary for air quality, and there is no indication that just cleaning your air ducts will improve your system's efficiency.

Duct cleaning may be necessary if:

- ▶ There's visible mold in your duct system or there was a recent flood that caused mold or mildew in your home.
- ▶ There's something in the ductwork impeding airflow, like debris or an infestation. Major renovations or new construction can put construction debris into the duct system, so post-construction is an ideal time to consider duct cleaning.
- ▶ Your heating registers are releasing dust into the air.

▶ Home residents have allergies or asthma problems that have not been alleviated by other changes.

While duct cleaning may not always be necessary, regularly changing your air filters can help your heating and cooling system work more efficiently. How often you change them depends on how much your system runs, whether you have pets and whether you periodically vacuum your air filters. For the average home, air filters should be changed four to six times a year with monthly changes during periods of heavy use.

Though duct cleaning may not do much for the efficiency of your systems, duct sealing is important for saving energy and lowering utility costs, particularly if your ducts are in unconditioned spaces. In a typical home, 20%–30% of heated or cooled air escapes through unsealed gaps and holes in the duct system, which can cost you money and make your home less comfortable. You wouldn't put up with a leaking water pipe, so why should you put up with a leaking air duct?

The best way to assess the condition of your home's ductwork is to have it tested by a professional home energy auditor who can conduct a duct blaster test. If you can easily access your ducts,

you might get by with a visual inspection, which will identify the larger holes and disconnections. It's common to find leaks where ducts meet or where they connect to a heating register. A professional trained in ductwork can help you identify and fix the gaps and leaks you may not be able to see.

Once gaps and leaks have been identified, you can work to seal your ducts. Small duct leaks can be sealed with mastic, a type of caulk. Larger duct leaks and disconnections may require additional lengths of duct, mechanical fasteners or special heat-resistant tape. Do not use duct tape—ironically, it's not designed to adhere well to ducts.

If you have ducts in unconditioned areas, like an attic or a crawlspace, your ducts could be wasting energy by heating or cooling the surrounding air, even if there are no leaks in the ductwork. Insulation around the ducts can help reduce this energy loss. Consider adding insulation to the unconditioned space, which can further increase the efficiency and comfort of your home. ■

Conserve Hot Water To Save Money

EVERY DROP OF HOT WATER you don't use adds up to savings on your energy bill.

Think about how often you run the hot water faucet or an appliance that uses hot water—and whether you could either turn it off or use cold water instead. Heating water is the second-largest energy expense in your home, second only to air conditioning, accounting for about 18% of a typical utility bill.

Here are seven ways to use less hot water:

1. Swap your old showerhead for a low-flow model that displays the Environmental Protection Agency's WaterSense label. Typical showerheads deliver 2.5 gallons of water per minute; WaterSense models release no more than 2 gallons per minute.

2. Set a timer for five minutes, and turn the shower off when the alarm rings. You can also turn the water off while you lather up your hair and turn it back on to rinse off.

3. Plug the sink while shaving instead of running the water the whole time to rinse your razor under the spigot. You could save up to 300 gallons of water a month this way.

4. Soak pots and pans instead of scraping them under running water. They'll clean up quicker, and you'll save water and energy.

5. Fix that leaky hot water faucet. It's often a simple repair, but replacing it will cost less than you'll pay for years of wasted water and energy that escapes through a leaky tap.

6. Wait until you have a full load in the dishwasher before you run it.

7. Insulate any hot water lines that you can access to prevent the heat from escaping before it gets to its destination. ■



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Suit Up for Outdoor Spring Chores

THIS SPRING, DOUBLE DOWN on your protective gear when you venture out into your yard for chores.

Operating lawn mowers, leaf blowers, saws, weed trimmers and other outdoor equipment is safer when your eyes, skin and hands are protected. But a simple spring cleanup can turn to tragedy in a second if you don't cover up before you plug in.

Basic protective gear includes goggles or safety glasses to cover your eyes; work gloves for your hands; and sturdy, water-proof boots.

In addition, cover your skin with a light-weight long-sleeved shirt and long pants. Covering up protects you from sun exposure as well as shields you from flying debris. Consider shin guards too when using a weed trimmer.

Protect your head with a helmet if you're working in an area with a lot of rocks or pebbles or climbing a ladder.

And if you're operating extra-loud equipment, especially for a prolonged period, plug your ears too. ■



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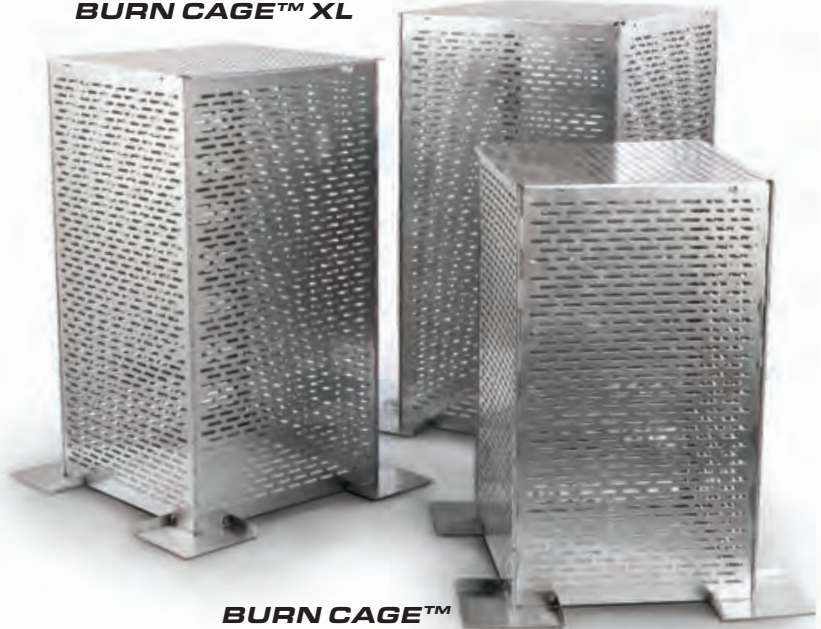
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Bizarre Bunnies

Unlike wacky jackalopes, very real horned rabbits begot great leaps in medical breakthroughs

BY CLAY COPPEDGE • ILLUSTRATION BY WILLIAM L. BROWN

IN 1915, there appeared in *The Roscoe Times* the story of a horned rabbit that one W.A. Ater said he killed on his ranch just outside the small town, west of Abilene. Ater took the peculiar creature to the newspaper's office to show the skeptics he wasn't lying about the rabbit or its horns.

Sure enough, the little rabbit, a cottontail, had horns—and it wasn't the first horned rabbit to be found in Texas that year. The newspaper noted that another horned rabbit had been killed in South Texas, near San Benito, which “leads to the conclusion on the part of local scientists that there is a distinct breed of this species.”

While we don't know what kind of scientific community existed in Roscoe in 1915, we can be certain that Ater did indeed kill a horned rabbit. The news reporter described it thusly: “The rabbit which Mr. Ater killed and brought into town had two horns, each about four inches in length. It presented a grotesque appearance, resembling a miniature deer more than it did a genuine rabbit.”

Newspapers across the state picked up the story, adding editorial embellishments ranging from curiosity to amusement. An Austin paper snickered, “The discovery of two horned rabbits in Texas leads to the suspicion that there is probably a herd of saber-toothed sheep at large in this section.”

Stories of horned rabbits weren't as rare in 1915 as the skeptics supposed. In fact, they've been around about as long as rabbits. Persian texts from the 13th century mention horned rabbits. The Huichol, an Indigenous people of northern Mexico, told of the horned rabbit as a mysterious creature that gave the deer its horns. In 1915 alone, there were more than 150 stories about horned rabbits in newspapers across America. That Roscoe rabbit was no outlier.

The curious folks who gathered in *The Roscoe Times* office to look at Ater's peculiar bunny concluded that the horns were not very formidable weapons, whether for offense or defense, and were left to ponder what they were good for. Naturalists didn't know why some rabbits developed horns.

The answer remained elusive until 1932, when virologist Richard Shope discovered that rabbits sometimes develop “horns” as the result of a virus that creates tumors called fibromas on the skin. The infections probably arise from insect bites on the

head and face, which evolve into what has come to be known as the Shope papillomavirus, giving a rabbit the appearance of having horns.

Rabbits typically have an immune response that gets rid of the virus and growths, but occasionally the growths occur around the mouth, hindering the animal's ability to eat. More importantly, Shope found that rabbits that survived the virus became immune to it. None of the horned rabbits he studied were susceptible to the virus a second time.

Shope passed his research along to Peyton Rous, a friend and colleague in the field of early cancer research, who found that when he injected the virus deep inside rabbits, they died of cancer. This was a big deal—the first time science had linked a cancer to a virus in a mammal.

The discovery opened a new field of cancer research that led to the creation of successful viral cancer therapies, including the human papillomavirus vaccine that protects against cervical and other cancers. Rous' work earned him the Nobel Prize in medicine in 1966.

Around the same time Shope discovered the papillomavirus in rabbits, brothers Douglas and Ralph Herrick got to messing around in a little amateur taxidermy shop on their Wyoming ranch and mounted the antlers of a small deer to the head of a large jackrabbit, creating a comical “jackalope” creature. The boys sold their version of an antlered rabbit to bar owner Roy Ball for \$10, a handsome sum during the Great Depression.

From there the jackalope went on to become the most profitable taxidermy hoax in the world, adorning postcards, T-shirts, barroom and restaurant walls, shot glasses, keychains, and many other kitschy items.

The humble horned rabbit leaves a more noble legacy—helping further cancer research. ■



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TCP Listen as W.F. Strong narrates this story on our website.



What was needed here was what linguists call a speech act, a moment in time where something is made real by virtue of pronouncement.

Jones began with “I, as president of the Republic ... am now present to surrender into the hands of those whom the people have chosen, the power and the authority which we have some time held.”

Noah Smithwick, a blacksmith in attendance, recorded the moment the Texas flag came down. Here is what transpired in that brief ceremony.

“Many a head was bowed, many a broad chest heaved, and many a manly cheek was wet with tears when that broad field of blue in the center of which, like a signal light, glowed the lone star, emblem of the sovereignty of Texas, was furled and laid away among the relics of the dead republic.”

The U.S. flag was raised, and the mood changed dramatically.

“We were most of us natives of the United States, and when the stars and stripes, the flag of our fathers, was run up and catching the breeze unrolled its heaven born colors to the light, cheer after cheer rent the air,” Smithwick recalled.

He tended toward that creature still common in Texas—the exceptionally proud Texan. Smithwick thought the star in the lower left corner of the U.S. flag should have been especially dedicated to Texas.

The exchanging of the flags made one statement. Jones made another: “The Republic of Texas is no more.” He made it politically true but never absolute because the republic lives on in the minds of Texans who still think of it as their country and their nation. ■

Republic’s End

‘Many a manly cheek was wet with tears’ when the Texian flag was lowered for the last time

BY W.F. STRONG

IN ABOUT A YEAR and a half—December 29, 2025—we’ll mark the 180th year of Texas statehood. That’s the day the proudest of Texans would say the U.S. was allowed to join Texas.

The vast majority of Texians—95%—voted for statehood, a level of agreement we haven’t enjoyed since. President James Polk signed the joint resolution making Texas a state December 29, 1845, but there was some confusion as to the official moment that the Republic of Texas passed into history and statehood status began.

Anson Jones, president of the republic at that time, said that February 19, 1846, was the actual day that the republic

ceased to exist. That day, Anson presided over a ceremony in Austin where the flag of the young but venerable republic was lowered for the last time and the U.S. flag was raised in its place.

You see, Texas couldn’t just let President Polk’s signing of a document 1,300 miles away be all there was to the moment. They couldn’t allow the republic that so many had died for to pass into history without properly memorializing the occasion.

So Jones arranged a ceremony in front of the Texas Capitol, really just a wooden house at that time, to mourn the passing of the republic and to celebrate Texas as the newest (and by far the largest) state in the union.

Perfect Potluck

Dishes so good you'll be tempted to eat them en route

BY VIANNEY RODRIGUEZ, FOOD EDITOR

Iliana de la Vega, esteemed owner of the Austin restaurant El Naranjo, shares her ultimate potluck dish: "*Rajas poblanas* (poblano strips) is a vegetarian dish that goes beautifully with grilled meats or fish but also with rice and pasta. You can make tacos with it or even use the rajas as a filling for quesadillas and omelets."



Rajas Poblanas

6 poblano chiles, seeds and veins removed

1 tablespoon canola oil

1 white onion, julienned

1 cup crema Mexicana

Salt, to taste

Corn tortillas

COOK'S TIP If crema Mexicana is unavailable where you shop, making your own is simple. Combine 1 cup heavy cream, 1 cup sour cream, 1 teaspoon salt and 1 tablespoon lime juice, and stir until smooth.

1. Preheat broiler. Place poblanos on a baking sheet. Roast under broiler, carefully flipping with tongs until charred on all sides, about 5 minutes. Place charred poblanos in a bowl and cover with plastic wrap until cooled enough to handle, about 15 minutes.

2. Remove skin from chiles. Slice them lengthwise into strips ½ inch thick.

3. Heat the oil in a large skillet over medium-high heat. Sauté the onion just until soft; do not brown.

4. Add the chile strips (rajas) and the crema Mexicana. Cook the chile mixture until heated through, about 5 minutes. Season with salt.

5. Serve immediately with warm corn tortillas.

SERVES 6

TCP Follow Vianney Rodriguez as she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Mexican Corn Salad.



Perfect Potato Salad

CHERYL LEE
CENTRAL TEXAS EC

Lee’s potato salad is hearty and tangy, with a hint of freshness from the dill. It was so tasty and good that I’d eat plates of it by itself—no need for any of the bris-ket, sausage or hot dogs being served.

- 10 small russet potatoes, unpeeled, rinsed and cubed
- 1 cup mayonnaise
- 4 tablespoons mustard
- 1 large onion, finely diced
- 1 tablespoon minced garlic
- 1 tablespoon ground oregano
- 1 teaspoon onion salt
- 1 teaspoon garlic salt
- 8 hard-boiled eggs, cubed
- 1 tablespoon fresh dill for serving

- Place potatoes in a saucepan and cover with water. Bring to a boil, reduce heat and simmer until potatoes are fork tender, about 10 minutes. Drain and allow to cool.
- In a large bowl, stir together mayon- naise, mustard, onion, garlic, oregano, onion salt and garlic salt. Gently stir in potatoes and eggs.
- Chill until ready to serve.
- Sprinkle with dill before serving.

SERVES 20

MORE RECIPES >



\$500 WINNER

Easy Chicken Spaghetti Casserole

DONNA KENNEDY
WOOD COUNTY EC



I love this casserole because it’s so simple to make. Left- overs heat up great on day two, plus it freezes like a dream! (If there are leftovers of course.) This is serious comfort food.

SERVES 8

- 2 chicken breasts
- 3 chicken thighs
- 1 box spaghetti (16 ounces)
- 2 tablespoons (¼ stick) butter
- ½ bell pepper, stem and seeds removed, diced
- 1 medium onion, diced
- 1 can cream of chicken soup (10.5 ounces)
- 1 can cream of celery soup (10.5 ounces)
- 1 can chicken broth (14.5 ounces)
- 2 cups shredded mild cheddar cheese

- Place chicken in a large saucepan, cover with water and simmer until fork tender.
- Prepare spaghetti according to pack- age directions.
- In a skillet over medium-high heat, melt butter. Sauté bell pepper and onion until the onion is light and translucent.
- Shred chicken and mix all ingredients except cheese together in a large bowl.
- Preheat oven to 400 degrees. Spoon mixture into a 10-by-14-inch baking pan. Bake 15 minutes.
- Sprinkle cheese on top and bake 10 more minutes or until bubbly.

TCP \$500 Recipe Contest

FOOTBALL FAVORITES DUE APRIL 10
What do the fans of your cooking crave on game day? Send us your recipe by April 10 and you could score big: \$500.





Cold Broccoli Salad

ALEXANDRA DIBRELL
CENTRAL TEXAS EC

This is one of the best broccoli salads I've ever had. Why? It's crisp and fresh, with a pop of heat—exactly what I want broccoli salad to be. It's also seriously addictive, thanks to the sweet and tangy combination of fresh lemon juice and rice vinegar.

- 1 pound fresh broccoli
- ¼ cup olive oil
- 2 tablespoons fresh lemon juice

- 2 tablespoons rice vinegar
- 2 teaspoons Dijon mustard
- 2 cloves garlic, minced
- ½ teaspoon salt
- ½ teaspoon ground black pepper
- ½ teaspoon red pepper flakes

1. Cut broccoli into bite-size pieces. Steam until tender. Allow to cool, then place in fridge.
2. In a large bowl, stir together olive oil, lemon juice, rice vinegar, mustard, garlic, salt, pepper and red pepper flakes. Place in fridge to chill.
3. When ready to serve, remove bowl from fridge and add broccoli, stir to coat and serve chilled.

SERVES 4

TCP Potluck options abound on our website. After trying all these here, see what else has come out of Co-op Country kitchens. Simply search for a dish or key ingredient.

Don't Leave It All to Luck

BY VIANNEY RODRIGUEZ

Consider whether your contribution will add to high demand for an oven or increase crowding in the kitchen.

If you're not hosting, bring food that travels easily.

Bring the appropriate utensils for your dish: a serving spoon, pair of tongs or ladle. This way dishes won't be double-dipped, and you won't have guests grabbing food with their hands.

Consider the advantages of disposable pans: less mess, no lost casserole dishes and easier cleanup.

Consider the dietary restrictions of other guests.

Remember that beverages will be needed, and this can be your contribution.

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COURTESY CHET GARNER

Carried Treasure

Canton has hosted the World's Largest Flea Market since the 1850s

BY CHET GARNER

THIS DEFINITELY wasn't the shopping trip I expected, I thought, as I loaded an 8-foot-tall Bigfoot sculpture into the back of my truck. I had just finished securing my new (to me) cowhide, vintage street signs and antique chair. I should have brought more tow straps.

This is the experience of visiting the World's Largest Flea Market, which happens every month in the town of Canton, midway between Dallas and Tyler. My legs, wallet and stomach were not prepared.

The tradition goes back to the 1850s when the circuit judge would make his monthly trip to town and the locals would congregate around the courthouse. They started bringing items to swap and sell: a gun for a dog or a cantaloupe for a dozen eggs. Soon a tradition was born that now attracts upwards of 150,000 visitors to First Monday Trade Days (which actually happens the weekend before the first Monday of each month).

As soon as I stepped onto the grounds, I realized that this wasn't a normal swap meet. The official area boasts more than 5,000 vendors across 400 acres. That doesn't even include the dozens (if not hundreds) of merchants who fill the streets and buildings of the town.

I walked from booth to booth, chatting with junkers and thrifters who had brought their special wares in search of the perfect buyer. While there was more than enough vintage "junk," I was surprised at the unique artisans selling incredible handcrafted goods—furniture, décor and even metal tools.

Very soon I had worked up an appetite and stuffed my face with some of the best fair food in Texas, including corny dogs and "upside-down" lemonade. Hey, with all the walking I did, I figured I had earned it. And so I ordered an extra piece of peach pie. ■

ABOVE The finds for sale at First Monday Trade Days in Canton stretch across 400 acres.

TCP Join Chet as he wades through acres of stuff. Watch the video on our website and see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

APRIL

8

Kerrville Totality at the Ridge, (830) 896-0420, shopsattheridge.com

McKinney Total Eclipse of the Heard, (972) 562-5566, heardmuseum.org

12

Poteet [12-14] Strawberry Festival, 1-888-742-8144, strawberryfestival.com

13

Sealy Spring Fest, (832) 492-4244, sealyhistoricalsociety.org

Waxahachie Cowboy Gathering, (469) 309-4040, waxahachiecowboy.com

Chappell Hill [13-14] Bluebonnet Festival, (979) 836-6033, chappellhillhistoricalsociety.com

Temple [13-14] Texas State Button Society Spring Show and Sale, texasstatebuttonssociety.com

19

Granbury [19-20] North Texas Gourd Festival, (903) 258-7410, texasgourdsociety.org

Lakeway [19-21] Art Walk, (512) 261-1010, lakewayartsdistrict.com

20

Burton Cotton Gin Festival, (979) 289-3378, texascottonginmuseum.org

Channing Panhandle Children's Foundation Hogs at the Point, (806) 935-5598, talonpoint.org

26

Gun Barrel City [26-27]
Quilt Show, (903) 391-3241,
gunbarrelquiltersguild.org

Hallettsville [26-28] Texas
State Championship Fiddlers
Frolics, (361) 798-2311,
fiddlersfrolics.com

Ingram [26-27, May 2, 4-5,
10-12] The Explorers' Club,
(830) 367-5121, hcaf.com

27

Castroville Alsatian Festival
of Texas, castrovilletx.gov

Corsicana Derrick
Days, (903) 654-4850,
derrickdays.com

Huntsville Gen. Sam Houston
Day, (936) 294-1832,
samhoustonmemorial
museum.com

Lewisville ColorPalooza,
(972) 219-3401,
visitlewisville.com

Wimberley Pie Social,
info@wimwic.org, wimwic.org

28

Bellville Fruehling
Saengerfest, (713) 582-2461,
bellvillelions.org

MAY

2

New Braunfels Soul Sessions'
Tribute to Tina Turner,
(830) 627-0808, brauntex.org

4

Brenham [4-5] Maifest,
(979) 337-7580,
brenhammaifest.com

TCP Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your July event by May 1, and it just might be featured in this calendar.

Thanks a Million

The Nature Conservancy is proud to have protected **one million acres of land in Texas**. This milestone could not have been achieved without the collaborative efforts of landowners, partners and supporters across the Lone Star State. Yet, the urgency to protect and preserve Texas' treasured landscapes, rivers, wildlife and way of life is greater now than ever. Together, we can find a way to achieve even more.



nature.org/millionacremilestone

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Pollinators

All aflutter, we are humming with anticipation. Photos flew in from every corner of the state, and we managed to alight on a few critters that have crawled their way to the top. No sting of disappointment here, just a swarm of entries that leave us buzzing with excitement.

CURATED BY GRACE FULTZ



1 MARK BONAME
JACKSON EC

"It is a rare sight to see hummingbirds feeding on sunflowers, but the drought this year in Texas made these little guys feed on whatever they could find."

2 CINDY VIGIL
GVEC

"Gulf fritillary butterflies love this pride of Barbados."

3 SUSAN KNAPP GIBBONS
UNITED COOPERATIVE SERVICES

A feeding butterfly.

4 GAIL EINKAUF
SAN BERNARD EC

"Taken at Sweet Berry Farm in Marble Falls."



Upcoming Contests

DUE APR 10 Textures
DUE MAY 10 Parenthood
DUE JUN 10 Climbing High



Enter online at TexasCoopPower.com/contests.

TCP See Focus on Texas on our website for more Pollinators photos from readers.



Seedy Behavior

Gardening scavengers stoop low to help native species

BY SHERYL SMITH-RODGERS
ILLUSTRATION BY
CHANELLE NIBBELINK

COME MID-MAY, I turn into a street walker. Not *that* kind, mind you. Instead, I ply my trade with a green plastic cup and sharp eyes.

"Oh, there you are," hollers James, my husband, who's strolling along Greenlawn Parkway. "I figured I'd find you over here!"

My gaze is fastened on clumps of lazy daisies growing along the street. Among the white-petaled blooms with orange centers, I scan for dried seed heads. Now and then, I spot one. Happily, I lean down, pinch it off, then drop the itsy-bitsy treasure into my cup.

We walk while I scope out wildflowers that grow along a ditch. Patiently, I'm watching for Texas prairie parsleys, winecups and beeblossoms going to seed. I'll collect some seeds—but not all. I want to admire them again next spring.

I also want to establish them in our yard. Since 2008, we've nurtured Texas native plant gardens at our Blanco home and adjoining meadow, a former vacant lot. Since then, I've expanded into rescuing, preserving and protecting overlooked native species that grow in our neighborhood. I collect seeds whenever I can.

Sometimes I dig up and relocate plants, too. For instance, a next-door neighbor several years ago gave me permission to transplant a yellow passionflower, Texas lespedeza and hoary false goldenaster that grew on her side of the fence, where they were often mowed down. Now the trio grows, unrestrained and lush, in our backyard.

I've also relocated Indian mallow, Texas snoutbean, scarlet pea, narrowleaf blue-eyed grass and Texas frogfruit to our gardens. Roemer's mimosa, too. I love to show kids how their tiny leaves fold up when touched. Magic!

Two regular walkers once rang our doorbell. "What's this?" asked Yalene, while daughter Arden held up a slender branch with yellow flowers. I eyeballed the specimen. Lindheimer's senna? James and I beelined to the easement where they'd found the plant. It was twoleaf senna, a new-to-me species. A few weeks later, I collected seeds from the site, which has since been cleared. Hopefully the seeds will germinate in our meadow, and the twoleaf senna will live on.

Why go to all that trouble? Because I deeply care about these plants. Because they were here long before us. Because they're resilient and adapted to our soils and climate. Because they, unlike most ornamental plants, sustain the pollinators and other wildlife that inhabit this place we call home.

From blunt-leaf rabbit-tobacco to zizotes milkweed, we've welcomed neighborhood natives into our gardens, where I hope they'll be appreciated and perpetuated for years to come. So call me a renegade. Or call me a tree hugger. I'll answer to either one and make no excuses.

I'm a street walker on a mission in a green-light district. ■



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